Below is the Think Health Think Nature Privacy Policy that can be adapted to fit your group or organisations needs.This privacy policy will explain how we use personal data.

**What data do we collect?**

When you visit our website, we may collect data such as your name, address, and telephone number when you fill in forms or sign up to our newsletter.

**How do we collect your data?**

You directly provide Think Health Think Nature with most of the data we collect. We collect data and process data when you:

• Register for our newsletter

• Register for updates on our walking app

• Enter competitions run by Think Health Think Nature

• Voluntarily complete a feedback form

* Use of view our website via your browser’s cookies

**How will we use your data?**

Think Health Think Nature collects your data so we can:

• Email you with our latest news and services that may be of interest to you

• Inform you of competition outcomes

• Inform you of updates to our walking App

We will only use your data for the nature you intended, and we will not share this with any third parties.

**How do we store your data?**

Think Health Think Nature will store your data securely. We will keep your data for no longer than necessary and will delete your data immediately upon request.

**Marketing**

Think Health Think Nature will send you newsletters relating to our initiative when you sign up. There will always be the option to opt out of this marketing at any given time.

You have the right to stop Think Health Think Nature from contacting you for marketing purposes, or from sharing your data with other members of our group.

If you no longer wish to be contacted, please email [info@thinkhealththinknature.scot](mailto:info@thinkhealththinknature.scot)

**What are your data protection rights?**

Think Health Think Nature would like to make sure you are fully aware of your data protection rights. Every user has the right to the following:

* The right to access – You have the right to request copies of your personal data
* The right to rectification – You have the right to request corrections to any information you believe is inaccurate. You have right to ask Think Health Think Nature to complete any information you think is incomplete
* The right to erasure – You have the right to request that we erase your personal data
* The right to restrict processing – You have the right to request that we restrict the processing of your personal date, under certain conditions
* The right to object to processing – You have the right to object to the processing of your personal date, under certain conditions
* The right to data portability – You have the right to request the we transfer the data we have collected about you, to another organisation, or directly to you, under certain conditions.

To exercise these rights, please contact us on [info@thinkhealththinknature.scot](mailto:info@thinkhealththinknature.scot)

**What are cookies?**

Cookies are text files placed on your computer to collect internet log information and visitor behaviours information. When you visit out website, we may collect information from you automatically through cookies or similar technology.

For further information, visit allaboutcookies.org

**How do we use cookies?**

Websites can use cookies in a range of ways to improve your experience, such as keeping you logged in. We use your cookies to understand how you use our website, so we can improve.

**What type of cookies do we use?**

There are a number of different types of cookies, however our website uses:

• Functionality – We use these so we recognise you on our website and remember your preferences, such as what language you use and where you are from. A mix of first party and third-party cookies are used.

• Advertising – We use these cookies to collect information about your visit, the content views and the links followed.

**How to manage cookies?**

You can set your browser to not accept cookies, and the above website tells you how you can remove cookies from your browser.

**Privacy policies of other websites**

This policy provides links to other websites, as does our website link to external sites. Our policy only applies to this website, if you visit an external site – you should read their privacy policy.

**Changes to our policy**

Think Health Think Nature keeps its privacy policy under review and will place any updates on this website. This policy was updated in March 2022.

**How to contact us**

If you have any questions about our policy, the date held on you or you would like to exercise one of your data protection rights, please do not hesitate to contact us: info@thinkhealtyhthinknature.scot