

The Highland Green Health Partnership

Highland
Council

NHS
Highland

Environmental
Sector

High Life
Highland

Third Sector

Reducing Health Inequalities

Population level

Individual

Everyday Contact with Nature

e.g Recreation
Pastimes
Volunteering
Learning
Active Travel
Conservation

Nature-based Health Improvement Initiatives

e.g Health Walks
Growing
Forest Bathing
Cycle to Health

Nature -based interventions

e.g Therapeutic
programmes as a
treatment

Prevention

Intervention

Safeguarding & Enhancing the Natural Environment

Communities & Service Providers

Highland's Natural Environment,
Public Greenspaces & NHS Estate