Highland Green Health Partnership Logic Model 2023

VISION

By 2030, the natural environment is valued as essential for the health & wellbeing of the people of Highland. We will work together to support individuals and communities to connect with and enjoy nature, while safeguarding our natural spaces and promoting inclusion and

biodiversity'

ACTIVITIES

Promote
Everyday Contact
with Nature
through
engagement and
behavioural
change
campaigns.

Increase & sustain opportunities for nature-based health improvement initiatives with a particular focus on tackling health inequalities.

Establish, mainstream and embed nature based interventions and therapeutic programmes as treatment

Work collaboratively to secure ongoing funding to support nature-based health improvement initiatives and enhance our greenspaces

Green Health Charter

Continue to evaluate and draw on the evidence base to support continued investment SHORT-TERM OUTCOMES 1 YEAR

Knowledge building & skills development of healthcare staff, communities and link workers

Networking and shared learning opportunities through Community Planning Partnerships

Continued increased engagement through our, website, newsletter and Green Health Week.

Increased awareness of the initiative among decision makers and strategic partnerships in Highland.

Small Grant Fund

Embed through workplace wellbeing programmes

Continued development of referal pathways

MEDIUM-TERM OUTCOMES 2-3 YEAR

Increased commissioning and stable funding for nature based health improvement initiatives

Increased availability of hospital greenspace and the wider public estate for use in nature-based health improvement initiatives

Coordination and support for Highland communities to sustain green health services

A variety of activities and referral pathways established to ensure services meet those with the greatest need.

Increased number of Highland stakeholders signed up to the Green Health Charter and progress reported through this LONG -TERM OUTCOMES >3 YEARS

Engagement with nature based health improvement initiatives embedded in service delivery and practice of health and social care providers for prevention, treatment and care.

Nature Based Health Improvement initiatives are mainstreamed the planning & use of the public estate

Sustained increase in the numbers of people realising the health & wellbeing benefits of connecting with nature

Reduced Inequalities through improved access and inclusion

Reduced environmental impact in the delivery of health care services

Improved Infrastructure and access to green health services HIGHLAND OUTCOMES

Peer support, learning and collective action within communities that promote mental wellbeing

Activities that encourage participation and social inclusion and purpose, supporting improved wellbeing

Person centred and equitable services that enable people to have control of their lives and facilitate active involvement

Empower communities to sustain good health in a changing climate by joint working with <u>Highland Adapts</u>

Contribute towards the Highland Biodiversity Action Plan through safeguarding and enhancing the public estate.

Assist in meeting the aims of the Highland Environment Fourm

Contribute towards local Active Travel Plans through increased numbers walking and cycling. NATIONAL OUTCOMES

Contribute to the six <u>Public Health</u>
<u>Priorities for Scotland</u>

Assist with meeting the aims of the NHS Scotland climate emergency and sustainability strategy: 2022-2026

Contribute towards
Scotland's
Sustainable
Development Goals
and provide evidence
for inclusion in the
NHS Scotland
National Sustainable
Assessment Tool.

Assist with the practice of <u>Realistic</u> <u>Medicine</u> including Social Prescribing

Contribute towards the aims of <u>Scotlands</u> <u>Biodiversity Strategy</u> through use of Public Estate.

> Assist Highland to meet objectives of National Planning Framework 4