

Highland Green Health Partnership

Notes of Meeting Wednesday 29th November 2023 Via TEAMS

Present:	Cathy Steer (Chair) – NHS Highland
	Ailsa Villegas – NHS Highland
	Helen Perkins – NHS Highland
	Charlotte Mackenzie - HTSI
	Cattie Anderson - NatureScot
	Dan Jenkins – NHS Highland
	Gill McShea – Paths For All
	Gail Prince – Highland Council
	Colin Simpson - Cairngorms
	Caroline Vawdrey – Highland Environment Forum
	Sophie Isaacson – HTSI
	Kate Thomson – NHS Highland
	Katie Paterson – Highland Council
	Lynn Bauermeister - HLH
	Isabel McLeish - HTSI
	Gill McShea - Pathsforall

Apologies:	Chrissie Lane – NHS Highland
	Louise Emslie - Cairngorms
	Imogen Furlong - HLH
	Matthew Hilton – Highland Council

		Actions
1	Welcome and introductions Cathy welcomed everyone to the meeting and everyone introduced themselves.	

2	<p>Senior development officer update</p> <p>Helen updated on her first 2 months in post. Helen has been connecting with Green Health colleagues across the partnership. She attended the CPP meeting and there was interesting discussions on how green health can fit into core services, in particular Adult Core Mental Health services. Helen noted she has been spending time around how we fit nature in these core health services and how we evaluate the impact of nature on health.</p>	
3	<p>Updating our Terms of Reference</p> <p>Ailsa circulated a copy of the ToR with the agenda.</p> <p>Ailsa noted she is still looking for a youth rep, a colleague from Adult Mental Health services and a colleague from HIE to join the partnership.</p> <p>The partnership has agreed the papers from the meetings will be made available to the public via Think Health Think Nature website and the CPP website.</p> <p>Addition to be made in the ToR responsibilities: “the responsibility is with partners to disseminate information to their organisations”.</p>	Ailsa
4	<p>Note of last meeting – Sustainability Action Plan</p> <p>Action log agreed and updated.</p> <p>Ailsa shared the Sustainability Action Plan and discussed with the partnership.</p> <p>Colin noted Cairngorms would be happy to be involved under action 3.3 as they will be doing a lot of work on this through the Cairngorms 2030 programme.</p> <p>Mhairi asked if there is an action to try and understand how the financial landscape of the budget issues has an impact on the activity. A lot of the actions and ambitions are about growing activity but a current win would be sustaining activity.</p> <p>Cathy noted there has been discussions at the CPP around how we better align the work of the partnership to the partners priorities, which is noted on the action plan, but needs to be looked at for each of the partners. Gail noted it would be worth looking at what each of the core partners have in their strategic plans. Gail, Ailsa and Helen to discuss on how this might look and how best to frame this.</p>	Gail/Ailsa/ Helen

<p>5</p>	<p>Communications update</p> <p>Sophie noted at the last communications sub-group, the key points of discussion were:</p> <ul style="list-style-type: none"> - The website has been upgraded with enhanced accessibility and has been paid for the next 2 years. - If anybody has news/events/opportunities/information they wish to include in the monthly newsletter, please email Sophie. - Moving forward with the Green Health Champions, Sophie noted they discussed the idea of pitching to workplaces to nominate one GHC to promote Green Health within their organisation, community groups and CPP. - Behavior Change training may take place over winter for members of the team. - The group is proposing putting a piece of work together for Green Health Week 2024. Ailsa & Sophie to meet to develop and bring something to the next HGHP meeting. 	<p>Sophie/Ailsa</p>
<p>6</p>	<p>Developing a Green Health Charter</p> <p>Ailsa noted that developing a Green Health Charter was decided as result of the Green Health Showcase event in May. Ailsa is looking for volunteers to join a subgroup to develop this. Kate, Dan, Helen, Caroline, Charlotte, Katie and Isabel have volunteered to help with the charter.</p> <p>Ailsa signed up to the SAMH mental health physical activity charter on behalf of the partnership. The majority of commitments are already being delivered by the group which makes it easy to evidence. This also gave Ailsa the chance to preview how others are doing their charters. By the next meeting we would look to have pulled together all the evidence for the SAMH charter for the partnership to sign off.</p>	

7	<p>Linking with Community Planning Partnerships</p> <p>Ailsa noted following the climate, nature & health document, and how we continue the discussions beyond the work of the GHP, Ailsa has now presented to 4 community partnerships; Caithness, Sutherland, Inverness & Lochaber. Acknowledging that the nature health service is coming to an end, the work done on the pilot areas was very successful but once officer's support was gone, momentum would disappear. Caithness, Sutherland and Lochaber were keen to continue these discussions as a community partnership. This then lead Ailsa & team to look closely on how best to embed the principals of how this helps to tackle inequalities and relate to the partnerships. As a result of this, there is some CPD coming up in-house within NHS.</p> <p>Within Sutherland, they are looking to reframe the purpose and outcomes of existing group 'Sutherland cares' to include some of the themes that we are looking to be discussed.</p> <p>Gail noted her team came into post in June. And the team is there to support the 9 community partnerships across Highland; they are also at Highland community planning partnership level and the structure that is there.</p> <p>They launched the Minimum Standard model and are in the process of implementing this with the CPPs so in 2024 they will all be established in a similar way.</p> <p>A wider conversation is needed to take place on how we might support the CPPs, what links we have existing and what it might look like.</p>	
8	<p>Green Health Small Grant Evaluations 2023</p> <p>Helen shared and discussed the evaluation document with the group.</p> <p>Helen also shared a presentation showing photographs of what the small grants have achieved across Highland through various groups.</p> <p>Cathy noted the importance of how, going forward, we plan to use the information gathered from the case studies to share and promote the work of the GHP.</p>	
9	<p>Finance</p> <p>Cathy noted the funding has now stopped. Helen is currently in post until September 2024 and Sophie until March 2024. Cathy circulated an email to the partnership asking for partners to check for any funding opportunities to extend Sophie's post. The partnership has also been asked to check within their organisations of any opportunities to fund another round of the Small Grants scheme.</p> <p>Gail suggested the option of having conversation with SSE as their sustainable development fund is currently open. Ailsa to look into this.</p>	Ailsa

10	<p>AOB</p> <p>Dan noted the impending decision on the Heritage Horizons refund bid for Cairngorms, this will hopefully reveal a lot of development work going forward for 5 years.</p> <p>Katie noted in the coming months she will start to look into the idea of biodiversity villages and they are hoping to pilot in Highland. It's currently being worked on within Perth and Kinross council.</p>	
11	<p>Date of next meeting</p> <p>To be confirmed.</p>	