

Highland Green Health Partnership

Notes of Meeting Tuesday 11th June 2024 Via TEAMS

Present:	Cathy Steer (Chair)
	Dan Jenkins
	Helen Perkins
	Sophie Isaacson
	Imogen Furlong
	Alan Macpherson
	Ailsa Villegas
	Joan Lawrie
	Trish Gorely
	Cattie Anderson

Apologies:	Mhairi Wylie
	Isabel McLeish
	Caroline Vawdrey
	Gill McShea
	Charlotte Mackenzie
	Chrissie Lane
	Colin Simpson

		Actions
1	Welcome, introductions & apologies Cathy welcomed everyone to the meeting and everyone introduced themselves.	
2	Matters arising/review of action log Updated.	

<p>3</p>	<p>Green Health Week update</p> <p>Sophie noted they changed layout on the Think Health Think Nature website to show all information on one page opposed to different sections. There was increased interaction on the form for submitting events this year compared to the past. Sophie created a summary of each day for the events taking place across Highland for Green Health Week so each morning there was an easy view of all the events in the different areas for the day.</p>	
<p>4</p>	<p>Nature, Climate and Health Charter update</p> <p>Dan noted the Charter has been developed and launched since the last meeting and it was an enormous effort from everyone involved. The launch event was well attended with a mix of colleagues from different organisations with great conversations and networking taking place. A review meeting has taken place to think about how best to keep the momentum going. There is a plan to have a relaunch during the climate week in September.</p> <p>Imogen updated Highlife Highland Exec team have approved signing the Charter so they will be putting out a press release to highlight and promote it.</p> <p>Ailsa asked colleagues if they have not already done so, to individually sign up, as well as an organisation, using the link below: https://www.highlandcnh-charter.com/</p>	

5	<p>Sustainability Action Plan update</p> <p>Dan shared the Sustainability plan with the group.</p> <ul style="list-style-type: none"> - Helen updated on action 1.1: build on guidance and support available to community groups; this is an ongoing action since Helen began in post, of promoting and building up on the resources available. - Dan noted on action 1.2: provide person centered training tools, the recently launched Turas model that links to the developed RSPB nature prescriptions, colleagues to continue promoting this. - Sophie updated on action 1.3: apply behavior change and quality improvement methodologies to our communications work; the results of Green Health Week and the reach made to the public on social media have been a good indication for the group. - Sophie updated on action 1.4: review our definitions and language and work with stakeholders to ensure consistency of approach, there have been additional key messages sent by Kate Thomson around green spaces. These will be added in and updated on the social media pack which will go online. Dan to organise a small subgroup to agree that the key messages are current and consistent. Helen to add a partnership review of this on to the agenda for the next meeting. - Helen noted on action 2.3: make links with all relevant strategic groups in Highland, research has been done around the partnership to identify partners sitting on planning committees and boards. Helen has been making links with mental health core services and forensic based work. - Sophie updated on action 2.4: continue to gather and build on shared evidence base, there have been 3 case studies shared since November sharing current live projects that are happening. - Alan noted on action 3.1: members to continue to promote workplace wellbeing initiatives around green health, NatureScot have increased their staff paid volunteering days from 1 day to 2 per year. - Action 3.2: continue to work with our higher education institutes through student placement, graduates and post graduate research opportunities, Imogen noted 3 students have gone through the Green Leadership Award. Green Libraries week takes place 7th – 13th October, as part of this week there will be a launch for a Green Libraries project around Climate. Highlife Highland has applied for funding for Green Leaders to come into libraries to work with younger children as a nature development club. More information will be available at the next meeting in September. - Ailsa updated 3.3: ensure greenspace & green infrastructure projects in Highland work to tackle health inequalities through the promotion of connection to nature, Kate Thomson completed an audit of Highland hospitals and it's now clear how much available green space there is. - Action 3.4: partners integrate and embed key messaging throughout the delivery of their work; Ailsa will be taking over the monthly newsletter from Sophie and will write out to partners for any potential content to populate it with. 	<p>Dan Helen</p>
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<p>6</p>	<p>Developing Officer update</p> <p>Helen noted an increase in enquiries from NHS, social work and community mental health teams asking for help with green health activities for patients they are working with.</p> <p>There was a lot of work put into the SAMH charter and the partnership has now become signatories.</p> <p>Helen carried out Nature Prescription training with Caithness Highland Mental Health services.</p> <p>Link below to the developed Turas e-learning page for Nature Prescriptions:</p> <p>https://learn.nes.nhs.scot/75487/mental-health-zone/mental-health/mental-health-nature-prescription-an-invitation-to-connect-with-nature</p>	
<p>7</p>	<p>Update on Sustainability Plan actions – Ailsa Villegas</p> <p>Ailsa shared slides for an update on action 2.2: establish thematic sub-groups of community partnerships that address nature, climate and health and a network of shared practice among these. Sutherland cares have now included the document guide that was created for Community Planning Partners for Nature, Climate and Health to their terms of reference. Ailsa applied to the Climate Hub for funding which allowed for a couple of workshops looking at Green Health in Sutherland. A draft action plan has been produced as a result of the workshops and is still to be confirmed. There will then be a written report produced which will be distributed to partners.</p> <p>Ailsa noted she was involved in a priority setting workshop with Lochaber the Community Partnership and Green Health and Active Travel now features.</p>	
<p>8</p>	<p>AOCB</p> <p>Dan noted on the back of the work Kate Thomson has been doing linking in the wider NHS sites and hospital green space strategy that the plan is to hold a wider stakeholders workshop late Summer. Partners may be invited to contribute to initial thoughts on the workshop.</p> <p>Cathy highlighted the refreshed Highland Improvement plan, noting how it would be helpful for the partnership to look at how we make sure we continue frame the work of the partnership in relation to the priorities, at a future meeting.</p> <p>Cathy noted a CPP Annual report is required for September. Cathy will be in touch with colleagues between now and then.</p> <p>Next meeting; Tuesday 3rd September.</p>	