

Highland Green Health Partnership

Notes of Meeting Monday 26th February 2024 Via TEAMS

Present:	Cathy Steer (Chair)
	Dan Jenkins
	Helen Perkins
	Gail Prince
	Cattie Anderson
	Lynn Bauermeister
	Colin Simpson
	Rachel Elliott
	Chrissie Lane
	Imogen Furlong
	Isabel McLeish
	Caroline Vawdrey
	Charlotte Mackenzie
	Sophie Isaacson

Apologies:	Alan Macpherson
	Ailsa Villegas
	Katie Matthews
	Matthew Hilton

		Actions
1	Welcome, introductions & apologies Cathy welcomed everyone to the meeting and everyone introduced themselves.	
2	Matters arising and review of Action Log Action log updated.	
3	Green Health Week 2024 Helen noted Green Health Week takes place on week commencing 11 th May with the theme of Nature, Climate, Health. The work for this week has begun, linking in the charter launch date too. Green Health Week coincides with both Mental Health Awareness week, and Dementia Awareness week this year. Helen will be looking to speak with partners to possibly carry out some community groups within the green health events during the week. Dan recognised that the theme of Nature, Climate, Health is there to strongly reinforce the fact that the partnership is developing the Nature, Climate, Health Charter and reinforcing that connection and cross-partnership. They are looking for ideas for how we can get the best out of the opportunities of wider publicity and communications through that week	

	<p>because of limited finance and budget. One of the key events during the week will be the official launch of the Nature, Climate, Health Charter which will be held at the Botanic Gardens, details to be confirmed.</p> <p>Sophie added they will be looking to set up the website and social media outlets similarly to previous years, showcasing everything that's happening and running promotions of what people are doing.</p>	
4	<p>Nature, Climate and Health Charter 2024 SAMH Charter</p> <p>Dan noted it was agreed as a partnership that we would sign up to the SAMH Charter, and following this Ailsa and Helen put together the application and circulated it to the partnership for comment. It has been agreed that in addition, the application should reflect the fact that there is activity that individual partners are doing to contribute to the partnership work, rather than just the partnership as a whole. All partners names to be included on the application.</p> <p>Helen noted they are joining with the Highlands and Islands Climate Hub as they are also looking at relaunching their charter. The Hub is looking to launch twice, once in May during Green Health Week and the second in September. A subgroup has been organised for building and developing the Charter.</p> <p>Dan shared the Hub's Climate Charter with the group and discussed.</p>	
5	<p>Sustainability Action Plan – updates from partners & discussion around moving elements forward</p> <p>Cathy asked partners to discuss conversations happening within their own organisations on the Action Plan.</p> <p>Caroline noted the regional plan does not list the Highland Biodiversity action plan. Cattie noted the change required from "Scottish Nature Heritage" to "NatureScot".</p> <p>Dan to distribute a more formal reporting document for partners to return, to get an idea of where we stand as a partnership.</p> <p>Proposal for fuller review to be presented to Community Planning Partnership – to be reviewed and discussed at next meeting</p> <p>Helen to put slides together and share, to allow partners to take this to their own management/leadership meetings.</p> <p>NatureScot are also developing a summary report under the Our natural Health Service programme including a "pen portrait" for each green health partnership.</p>	<p>Dan</p> <p>All</p> <p>Helen</p>
6	<p>Developing Officer update</p> <p>Helen noted her most recent focus being the Sustainability Plan and promoting the work of the partnership.</p> <p>Helen is currently looking at how best to incorporate Green Health actions into core services in Highland which links into the SAMH Charter.</p> <p>Helen developed a talk in Caithness taking place at the end of February, with a view of promoting the use of the Nature Prescription tool with patients that colleagues are working with. Attending the talk will be mental health colleagues, link workers and occupational</p>	

	<p>therapists. Helen is hoping to have the tool added to Turas and also linked to the Highland Information Resource service.</p> <p>Helen noted her recent work with the forensic service, which are based within the mental health service for patients who have come into the criminal justice system. Helen has been joint working with Velocity and running a bike group for people that are currently in both in community and hospital settings; this is making the link between professionals and the use of the services that are available.</p>	
7	<p>Scottish Household Survey</p> <p>Helen noted Ailsa had spent time comparing the 2022 Scottish Household Survey stats to the 2019 stats which found positive results. The publication looked at access to the outdoors; how much were people accessing outdoors and what the comparison was within 2022 to 2019, considering the impacts in between of Covid. Other subjects covered were people that lived within 5 miles of green spaces, the comparison of those with poor health being less likely to visit green spaces compared to those with good health, the age and gender of Highland people using green space, and lastly those in rural areas accessing green space. Ailsa compiled a presentation, which was shared with the notes.</p>	
8	<p>PHIRST Scotland Summary</p> <p>Dan shared the Green Health Prescription Evaluation with the group and discussed. This is a national evaluation that was undertaken by the Public Health Intervention Responses Studies team, to get a validated as possible evaluation of the work that has been going on with Green Health over the past few years.</p> <p>Helen to look at creating a quick summary of this evaluation for use while promoting and training.</p>	Helen
9	<p>AOCB</p> <p>Cathy noted the Highland Council have been carrying out consultation work around their budget setting process, including the impact of budget decisions being made. Gail added that the papers for the budget meeting were published online for reviewing. Highland Council The Highland Council – link to papers.</p> <p>Dan noted one of the services that are there for potential removal was the Highlife Highland Ranger service, which would be a huge detriment to the work taking forward by the partnership. Caroline has been circulating through her contacts to encourage individual submissions to highlight the value of particular services.</p> <p>Colin noted their successful lottery bid, which will allow Cairngorms National Park to continue with their Green Health work for the next 5 years. Colin also noted the appointment of their Behaviour Change Officer who will be working with businesses, groups and schools to try and encourage more people to move to active travel means.</p> <p><u>Dates of 2024 meetings:</u></p>	

Tuesday 11 th June 2-4pm	
Tuesday 3 rd September 2-4pm	
Tuesday 3 rd December 2-4pm	