

Highland Green Health Partnership

Notes of Meeting Tuesday 3rd December 2024 Via TEAMS

Present:	Cathy Steer (Chair)
	Dan Jenkins
	Ailsa Villegas
	Kate Thomson
	Imogen Furlong
	Sophie Forbes
	Donya Davidson
	Sarah Bowyer

Apologies:	Trish Gorely
	Caroline Vawdrey
	Gail Prince
	Colin Simpson

		Actions
1	Welcome, introductions & apologies Cathy welcomed everyone to the meeting and everyone introduced themselves.	
2	Matters arising/review of action log Action log updated.	
3	Presentation – Natural Capital (Donya Davidson, NatureScot) Donya shared a presentation on Natural Capital – Approaches to Decision Making with the group.	

4	<p>Think Nature Health Walks (Dan Jenkins)</p> <p>Dan discussed the Think Nature Health Walks paper sent with the agenda for the meeting.</p> <p>Dan recognised the current gap left by the coordination and support role for health walks across the region that is out with the inner Moray Firth and Cairngorms. Some of the walk groups have been invited to join Scottish Health Walk network but with the gap, there are risks without coordination. Dan noted they are aware the groups are missing the opportunity to extend that provision, work with and support new communities who have a will to do it, but not the experience or the structure.</p> <p>Dan noted the important points from the paper being:</p> <ul style="list-style-type: none"> - Thinking about any options to support rural health walks going forward - To consider any opportunities to integrate that support for rural health walks into existing organisations and roles <p>Sophie noted changes of the funding landscape which has dictated role changes. Partnerships for well-being used to coordinate the entire Highlands, but unfortunately this became to challenging when they had to service the whole of the Highlands.</p> <p>Ailsa added it not only being a funding issue but also an issue with who would host the post which was previously done by HTSI.</p> <p>Sophie to come back to the group with a summary of how the funding/volunteer network works in other areas to give a better understanding of different models that the group may want to look at.</p> <p>Imogen noted the contact within Highlife to discuss health walk with school age children is elizabeth.mcdonald@highlifehighland.com. Imogen to discuss in principal with HLH a potential for them to support health walks in rural areas.</p> <p>Cathy, Ailsa, Dan and Kate to meet to look at the model NatureScot have around trying to get some private investment.</p>	<p>Sophie</p> <p>Imogen</p> <p>Cathy/Ailsa/ Dan/Kate</p>
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5	<p>Sustainability Action Plan (Ailsa Villegas)</p> <p>To be added to the agenda for further discussion at the next meeting.</p> <p>Ailsa noted the following achievements/things the group will work towards in the future:</p> <p><u>Theme 1</u></p> <ul style="list-style-type: none"> - Carolyn highlighted there had been an update to the biodiversity strategy so this will need to be highlighted in the underlying policies - Some focus is required around promoting mental health training around trauma informed practice. Also increasing knowledge, skills and understanding around the principles on working with children, children's families and young people <p><u>Theme 2</u></p> <ul style="list-style-type: none"> - The partnership is moving towards working with the whole families wellbeing programme more while also working around natural capital and green reinvestment opportunities <p>Ailsa has asked partners to look at the paper and advise if there are any gaps or opportunities around those four themes.</p> <p>The group will have some focus around a revised Sustainability Action plan at the next meeting.</p>	<p>All</p> <p>All</p>
6	<p>Funding Updates (Ailsa Villegas)</p> <p>Ailsa noted the partnership no longer have the national development funding of £100,000 a year to support initiatives. Ailsa has been working with the whole families wellbeing team on putting in bids for Ullapool and Kinlochleven around the stepping stones model, which is community supported pathways into health and wellbeing. This is with a view to get working groups together and applying in February. In addition, Kinlochleven have applied to the Highland Mental Health and wellbeing fund and have had their expression of interest accepted with a hope for this to be match funding towards a project. If these are successful, this will bring in £50,000 minimum to each area to employ coordinating officers and deliver on some of the priorities that has been established.</p>	
7	<p>Upcoming Events (Ailsa Villegas)</p> <p>Ailsa noted the Highlands and Islands Climate Hub are running a conference at the end of March, which Ailsa will send a save the date out to partners for. Also noted, a workshop will be held at the UHI campus on 21st April by the University of Stirling on a toolkit they have created around working with people in nature in drug and alcohol recovery. This is an invite only event, partners to look out for their formal invitation.</p>	<p>Ailsa</p>

8	<p>AOB</p> <p>Ailsa noted the launch of a book by Ewen Bowdich called Elm Hunters which is coming out in January. It is an illustrated book about Dutch Elm disease and what is being done to tackle it. Ailsa is looking to distribute some to partners and then will also be highlighting it in the next newsletter.</p>	
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