Hello, Little Local Chef !

YOUR BRAEMORE SPACE ADVENTURE

On Saturday 26th September, you and your grown-up are coming to Braemore Space for a morning of cooking, exploring and eating together.



You are not just visiting…

You are becoming a Little Local Chef.



First, we cook together.

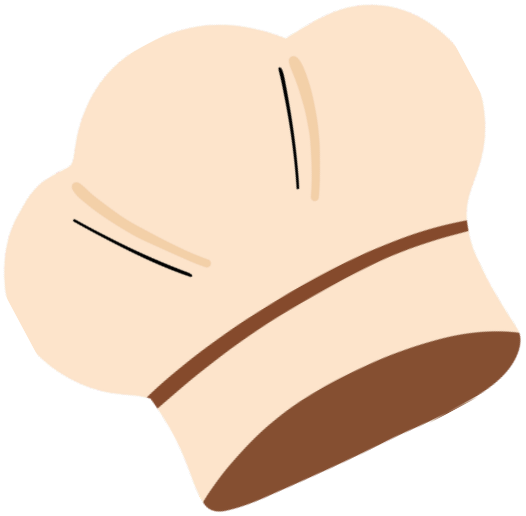
Cooking means using ingredients to make something new. We can look, smell, touch, mix, choose and create.

Your grown-up is your cooking teammate. You might take turns rolling, choosing fillings, preparing ingredients or folding your pastry pocket.

There is no perfect pastry pocket. Yours can look any way you want!



CHEF'S QUESTION:
Which kitchen job would you like to try?



Then, we make two pastry pockets.

ONE SWEET. ONE SAVOURY.

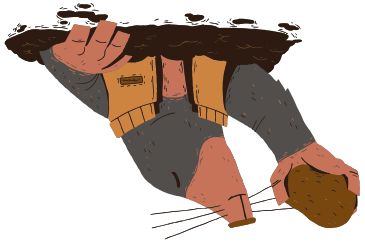
The puff pastry will already be made by your amazing head chef and ready for use.

You will discover the ingredients, choose what you would like inside, prepare your fillings and fold the pastry into fun shapes.

Some flavours might be familiar. Some might be new. You can use your senses and decide what you think.



What would you like to put inside your dream pastry pocket?



Next, we head outside.

We will step into the landscape around Braemore Space to explore, play and learn about what is growing nearby.

Foraging means looking for useful things that grow in nature. We only pick, touch or taste something when our guide tells us it is safe.

We look carefully, listen to our guide and leave nature happy behind us.

LOOK . LISTEN . ASK . EXPLORE









And finally... we eat!

After our outdoor adventure, we come back together for lunch.

Your morning will have been full of ingredients, teamwork, fresh air, new ideas and things you made with your own hands.

Wear clothes you can cook and explore in. If you have a favourite apron or cooking outfit, you can bring it too.



Ready to cook, explore and eat?

We can't wait to welcome you to Braemore Space.

See You Soon Chef!